

# Bill Douglas, Founder of World Tai Chi Day

Phoenix March 8<sup>th</sup>-11<sup>th</sup>, 2012

---

## Schedule of Workshops

**Thursday • March 8:  
4:30-6:00PM**

**Tai Chi/QiGong Workshop  
No Charge**

**PV Community College**

18401 N. 32nd Street  
Phoenix, AZ 85032  
Room F-133

---

**Saturday March 10:  
9:00-11:00AM**

**Tai Chi/QiGong Workshop  
Fee: \$35**

**Phoenix Longevity Arts**

1200 W. University Drive  
Tempe, AZ 85281

---

## At the Studio

**Elizabeth Keith Movement Ed**

16620 N. 40th Street, Suite D-5  
Phoenix, AZ 85032

• **Friday March 9th:**

**1:00-3:00PM**

**Tai Chi/QiGong Workshop**

**Fee: \$35**

---

**6:00-8:30PM**

**Book Signing and Lecture**

**Fee: \$35**

---

• **Saturday March 10th:**

**1:00-3:00PM**

**Tai Chi/QiGong Workshop**

**Fee: \$35**

---

• **Sunday March 11th:**

**9:00-11:00AM**

**Tai Chi/QiGong Workshop**

**Fee: \$35**



Bill Douglas was the 2009 inductee to the Internal Arts Hall of Fame. He is the author of *The Complete Idiot's Guide to Tai Chi & Qigong* and the Founder of World Tai Chi Day & World Healing Day. Bill is the Tai Chi Expert for DrWeil.com

Reach Bill at [www.SMARTaichi.com](http://www.SMARTaichi.com)

**To Register Please Contact:**

**Elizabeth Keith at**

**602-885-8006**

**Or: [ekeithaz@gmail.com](mailto:ekeithaz@gmail.com)**

[www.MoveBetterToday.com](http://www.MoveBetterToday.com)

Sponsored by:



**Elizabeth Keith**  
Movement Education, LLC

[movebettertoday.com](http://movebettertoday.com)